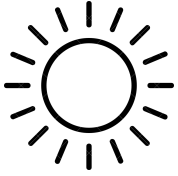


2021



GOAL MANIFESTATION



Pick a spot around the house where you can sit comfortably without distractions. Set a timer for 5 mins and imagine the things you want to see come to pass this year. List below 3 short term (i.e finally try that new hairstyle you've been eyeing) and 3 long term (i.e buy a house) things that you imagined.

Short Term

Long Term

☆ ☆ What is my WHY? ☆ ☆

☆ ☆ How will I do this? ☆ ☆

Signature _____

Date _____